

# THE BUGGETTE



## Bare in Mind by Dick Bare

**ALL ABOARD!** That's the greeting we heard on June 10, 2013, as we prepared to embark on a cruise through Northern Europe. After landing at London's Heathrow Airport at 7:30 in the morning, we journeyed out to Southampton, where the magnificent Azamara Quest awaited us.

Like the Journey, the other ship that makes up the Azamara line, the Quest is a mid-size cruise liner that accommodates only about 700 guests – much less than the 2000 to 5000 typical of larger ships. And with a crew of about 400, you can't beat the staff-to-guest ratio that Azamara offers. It really makes for excellent service. It's something you might want to think about if you're ever planning to take a cruise. (On the river cruises we've taken – along the Rhine and the Blue Danube – those ships carry only about 200 passengers.)

Southampton is about 75 miles south of London in an area of Southern England that is rife with history. Archeological evidence suggests that it was inhabited as early as the Stone Age; the area is also home to one of the best collections of Saxon artifacts in all of Europe. Sometime after the Normand Conquests of 1066, Southampton became a major port for trade between England and France. French wine made its way to England, and English cloth and wool crossed the sea to France. It is also the port from which two historic ships departed: the Mayflower and the Titanic.

On April 10, 1912, the people of Southampton turned out en masse to watch the largest and most elegant cruise ship in the world, the RMS Titanic, set out to sea on her maiden voyage. In the countless movies and books covering the tragedy of that ill-fated ship, there has been nary a mention that a majority

CONTINUED ON PAGE 4



FOLLOW US ON FACEBOOK 



What did one autumn leaf say to the other?  
I'm falling for you!

## Fun Facts Tennessee's State Tree The Tulip Poplar

- 1 The tree was chosen because pioneers would use the tulip poplar to make houses, barns and canoes.
- 2 Today, the poplar is most commonly used for cabinetry.
- 3 The tree can also be use for medicinal purposes, such as teas and ointments.
- 4 Average lifespan of the tulip poplar is 200-250 years but some trees have been known to live much longer if conditions are right.
- 5 The tulip poplar is the tallest of North American hardwoods and can range from 100 - 150 feet high.
- 6 The trunk can grow at least 50 feet high without a single branch.

Source: <http://treeserviceofnashville.com/fun-facts-about-the-tennessee-state-tree-the-tulip-poplar/>



## Hi Everyone!

by Dick Bare

Every so often something compelling happens to me that I think you should all be aware of, and recently I had just such an event. I was involved in an accident in a McDonald's parking lot near my home. A young man in a pick-up truck decided to share my parking spot with my SUV. The police officer who responded informed me that his dash camera was recording everything, including his interviews with me and the other driver, so I didn't take any pictures.

The young man who hit my SUV was very apologetic and promised to see that his insurance company would pay for any and all damage. The damage to his truck was pretty minimal, mostly just the fenders, so I offered to repair his pick-up at our shop so that he at least would not take a hit on his insurance rate for his truck. He took me up on my offer, and the next day showed up with his truck and his father, who, by the way, asked me for a job. Our mechanic pretty much bent his fenders back into their original shape and his truck looked normal again.

I took my SUV into Jim Ellis. They repaired all the damage, and my car seemed to be back to normal again, \$5000 later. However, the young man's promise to pay for my repairs kind of fell apart once his father got involved, and we headed to small claims court. As the date

approached, my attorney asked me if I had a diminished value, or DV, report done – I hadn't. So I called Jim Ellis and asked them if they knew anyone who performs this service. They referred me to Richard Hixenbaugh's company, Collision Claim Associates, Inc. They are professional vehicle appraisers and claim consultants. You can review their website at [www.collisionclaims.com](http://www.collisionclaims.com) or call them at **770.887.7626**.

Here is something very interesting: I told Richard that I had wrecked a VW SUV years ago, and the insurance company sent me a DV check for \$2500. I told him how impressed I was that they automatically did that. His reply was that the check was probably half of what it should have been. **So the next time you are involved in an accident, be sure to have Collision Claim come out and check out your**

**wrecked car immediately.** The appraiser will take pictures and access the damage before your claim is processed.

Oh, and another thing: Remember how the officer took pictures and a statement from all parties involved? Well, it turns out that none of the recording equipment was working – the last thing it recorded before the accident was him going through the drive through for coffee and a sausage biscuit. The only real documentation of who was at fault came from the accident report: The young man's name was at the top, and apparently that's the spot the police reserve for the driver at fault. It's always a good idea to take your own pictures and record everyone yourself. Like your Mama told you, no one is going to take care of your stuff like you do.



## Fall Tips

Add mulch to your trees, shrubs and flower beds to a depth of 3". Shredded bark is better than pine straw, which is not a good insulator and adds no real benefits to the soil.

**Mulch conserves water in the soil and is a good insulator against the cooler weather.**

Most people think of planting trees and shrubs in the spring, which is a time for new growth. But with cooler days and more rainfall, the fall months are a good time to plant as well. **The best time for fall planting is September and early October** - this allows plants enough time to establish roots before cold weather stops their growth.

**One of the most important things that can be done to improve a tree's look and health is to prune it.** Cutting away the unwanted growth and giving it that beautiful, picturesque quality we all recognize from paintings and pictures actually benefits the tree by keeping the water and nutrients flowing to its most important parts. In Nashville, pruning can be done late in the year because of the mild winters. In fact, having tree work done in the winter can save a good deal of money, as that's when things get slow for the tree services.



**Your cool season lawn had a warm summer... Show it some ♥!**

## Aeration + Overseeding = A Thicker, Healthier Lawn

Does your lawn have thinning or bare patches? Fall aeration and overseeding from Arbor-Nomics can restore your lawn's rich, healthy appearance. Aeration provides a porous environment that lets air and water reach the root structure of your lawn. Overseeding replaces lost grasses, as **Fescue** can suffer from fungus and heat damage during the summer and tends to thin out over time.

### What aeration does for your lawn:

- Removes plugs of soil to allow air to penetrate into the soil and reach the root structure of the lawn
- Improves the root structure of turf grasses
- Reduces soil compaction, improving both water and fertilizer intake by the soil
- Improves resistance to stress caused by heat or drought
- Improves resiliency and cushioning, making for a thicker, healthier lawn

### What overseeding does for your lawn:

- Fills in bare patches
- Sows seed over existing grass to create a thicker, rich lawn

Combined with overseeding, aeration helps the root structure of a lawn grow deeper, enabling the lawn to maximize its growth potential. Let your lawn breathe easy this fall with aeration and overseeding services from Arbor-Nomics!

Call us at **329.4151** or email us at [brandon@arbor-nomics.com](mailto:brandon@arbor-nomics.com) to schedule your aeration and overseeding today.

## Application #5

### What we did to your lawn today:

1. For warm-season grasses, we applied a pre-emergent to prevent grassy weeds from germinating in the springtime and a broadleaf weed control to get rid of broadleaf weeds. You should see those weeds die within two weeks of the treatment. If you don't, email or call the office for a free retreat.
2. **Fescue** lawns received a granular starter fertilizer. This is high in phosphorus, which enhances the germination of seeds applied in overseeding. **Fescue** should be overseeded in September or October. Please call us for a quote on aeration and overseeding.
3. **Gold** customers received a **FREE** Outdoor Pest Control application.
4. **Platinum** customers receive a treatment/visit every month so this is application #9 and #10 for you. You received a fungicide to prevent fungi, an application of Outdoor Pest Control and a nutsedge/grassy weed application as needed.

### What we did to your trees and shrubs today:

(ONLY For Gold & Platinum Customers)

1. We applied an insecticide to help prevent lace bugs, aphids, and caterpillars from settling into your trees and shrubs and a miticide to battle spider mites.
2. A fungicide was applied to control diseases like powdery mildew and leaf spot.

### What you need to do until our next visit:

1. During fall, all lawns should have once inch of water per week from rain or irrigation. If it doesn't rain, check with your local water authority regarding watering regulations. The best watering time is early morning. Do not water in the afternoon or evening.
2. When mowing, do not remove more than 1/3 of the grass blades at each cutting. For optimal appearance, **Fescue** lawns should be mowed every 5-6 days, **Bermuda** every 2-5 days (depending upon the type of **Bermuda** grass) and **Zoysia** every 5-8 days. You don't need to collect clippings, as they recycle back into the soil, providing some extra nutrients. It is safe to mow immediately after we've applied our products.
3. Keep an eye out for brown patch fungus.
4. Routine trimming will help your shrubs grow better.

If you have any questions concerning your lawn, trees, shrubs or our service, please call our Customer Service Department Monday – Friday, 7:00am-4:00pm at **329.4151**. If you call after hours, please leave a message and your call will be returned the next business day.



## Helpful Phone Numbers

### MAIN NUMBER

329.4151

[www.arbor-nomicsnashville.com](http://www.arbor-nomicsnashville.com)

### OWNER/PRESIDENT

**Dick Bare, 678.638.4550**

Cell: 770.815.3879

[richard@arbor-nomics.com](mailto:richard@arbor-nomics.com)

### VICE PRESIDENT

**Doug Cash, 678.638.4548**

Cell: 770.596.8388

[doug@arbor-nomics.com](mailto:doug@arbor-nomics.com)

### AREA MANAGER

**Joel Holcomb, ext 1127**

Cell: 615.336.2114

[joel@arbor-nomics.com](mailto:joel@arbor-nomics.com)

## Interesting Fall Trivia

- 1 According to a national survey of 12,000 Americans conducted by the Social Security Administration, what is the most common date of birth?
- 2 University of Chicago researchers have found that people born in the fall have the highest chance of doing what?
- 3 In what month is professional baseball's World Series usually played?
- 4 There are four sports traditionally played in the fall. Can you name at least three?
- 5 What substance in maple leaves turns red in response to the cooler temperatures and shorter days of autumn?
- 6 What weed pollen causes the most common fall allergies?
- 7 Which U.S. President changed the celebration of the Columbus Day national holiday from October 12 to the 2nd Monday in October?
- 8 If Sept. means seven in Latin, why is September the 9th month of the year?
- 9 What is a harvest moon?
- 10 Who wrote the lyrics to the song "Autumn Leaves," the last two lines of which are "But I miss you most of all my darling / When autumn leaves start to fall"?



**ANSWERS:** 1. Oct. 5; 2. Living to be 100 years old; 3. October; 4. Football, lacrosse, soccer and field hockey; 5. Glucose; 6. Ragweed; 7. Richard Nixon; 8. Before the Julian calendar, the first month of the year was March, so September was the 7th. When Julius Caesar created the Julian calendar, the first month was changed to January, making September the 9th month.; 9. The full moon that occurs closest to the autumnal equinox; 10. Johnny Mercer

## Bare in Mind CONTINUED

of the crew – about 80 percent – came from Southampton. The loss of officers and staff on that “unsinkable” ship undoubtedly affected everyone in that town. Despite the historical significance of this port city, the thing I remember most was the blustery cold, rainy weather. It was June 10th and we were bundled up in sweaters, sweat shirts, vests, and jackets.



Canals in Amsterdam

on beautiful historic Dutch homes. It was something right out of a Norman Rockwell Christmas card!

Known as the “Venice of the North,” Amsterdam has 60 miles of water ways, with 165 canals spanned by 1000 bridges. Its canals beckon you to take a slow, leisurely boat ride, sipping a cup of coffee in the morning or a glass of champagne in the evening. It is the greatest planned city in Northern Europe.

The period between 1585 and 1672, known as the “Golden Age,” was the heyday of Amsterdam’s commercial success. The city was the heart of the world’s economy – a center for finance and diamonds. It remains the cultural and financial capital of the Netherlands today and is absolutely thriving, but for many, it is best known for its tolerant character: pot smoking, a legalized red light district, liberal coffee shops, and the like.

How ever you look at it, Amsterdam has an aura that you really should experience. The fact that nearly everyone speaks English makes it just that more welcoming. If you do make it there, here are some highlights not to be missed: the Anne Frank House (get tickets in advance to avoid the unbelievable lines); historic windmills; 6700 national monuments in the city center; and numerous museums, including those featuring Rembrandt and van Gogh. Other wonderful attractions include acres and acres of tulips in the spring, the Diamond District, and the Amsterdam Zoo. After a day of enjoying this vibrant city, we returned to the ship, where we were treated to a performance the likes of which I had never seen. Beverly Davison, billed as the “Diva of the Violin,” coaxed such beautiful, powerful music out of that instrument that it brought tears to your eyes. But this was not just a typical concert: It was a tour de force of entertainment and showmanship that moved us to laughter as well as tears. (If you find



Our first stop was Amsterdam. I love Amsterdam. We were there a few years ago at Christmas time and the scenery was spectacular. I remember shoppers, all dressed up in suits and dresses, riding their bikes in pursuit of some last-minute gifts. Snow falling

her music on Amazon, I hope you’ll listen for yourself.) The next day saw us docking in Copenhagen, Denmark, another great city. We had a blast there. Copenhagen is a walker’s delight, and the center of town is small enough to explore entirely on foot. Walking is not just easy – it’s practically essential! Cars here are taxed at 200 percent and there’s a steep tax on gas too. Despite this, I’ve never seen so many Mercedes Benz and BMWs. (There must be a lot of money here because, when you think about it, a car with a \$100,000 sticker price ends up costing \$300,000!)

There is plenty to see in Copenhagen. You can easily lose yourself exploring its dozens of museums, art galleries, and historical monuments. One monument in particular is widely regarded as an icon of Copenhagen: It is the world-famous bronze statue of the Little Mermaid, the half-woman, half-fish character from the fairy tale by Danish author and poet Hans Christian Andersen. It’s interesting to note that Anderson’s tale was not the actual inspiration for the statue; that came from a ballet based on the fairy tale that was performed at Copenhagen’s Royal Theatre. Carl Jacobsen, son of the founder of the Carlsberg brewing company was fascinated by the ballet and commissioned the statue from a Danish sculptor.



The Little Mermaid in Copenhagen

She was unveiled in 1903, and legend has it that she must wait 300 years before she can enter the world of humans. So she has quite a long way to go – if she survives. For some reason, the Little Mermaid statue has been the target of vandals over the years. Her head has been blown off twice, but, luckily, she has been restored each time. The perpetrators have never been caught.

Another important sight is Amalienborg Slot, which consists of four separate palaces that enclose a grand cobbled courtyard. Denmark’s is the longest running monarchy in the world, and Amalienborg is home to the current queen, Margrethe II. The sight is quite beautiful with gardens and a spectacular church. It really is magnificent and I’d recommend adding a visit here to your bucket list. That goes for London’s Buckingham Palace and St. Petersburg’s Peterhof too. All of them are must-sees.

For some modern amusement, visit downtown Copenhagen’s equivalent of Disneyland, Tivoli. The 20-acre park has rides, restaurants, live shows, and quaint shops and is rumored to be Walt Disney’s inspiration for the parks he created back home. Tivoli, however, has an intimacy I didn’t feel at Florida’s Disney World (and I must admit, I haven’t made it yet to Disneyland, in California). Tivoli is beautifully landscaped, and the setting just compels you sit and take in the scenery, perhaps while enjoying a Danish and coffee.

**Next time, we’re off to St. Petersburg, Russia, and some points in between. This was a wonderful 15-day cruise, and I have a lot to share with you.**